

Health Center Co-Pays

- Physician or Nurse Practitioner: \$10/visit
- No co-pay for Nurse visits or lab visits

Health Center Payment Options

- Visa/Mastercard
- Payflex card
- Check
- Cash

Staff

- Pamela Deberghes, MD: Medical Director
- Phillip Shriver, MD: Physician
- Ann Thurston, FNP: Nurse Practitioner
- Debbie Clark, RN: Lead Nurse Manager (RDC)
- Wendy Quinlisk, RN: Nurse Manager (CSC)
- Debra Asselta, RN, MS: Health Risk Disease Management Nurse

Health Center Locations, Hours, & Contact Info

El Paso County Employee Health Center (RDC)
2880 International Circle
Lower Level Rm. N010
Colorado Springs, CO 80910
Monday through Friday from 8 AM-5 PM
719-520-7080

El Paso County Employee Health Center (CSC)
1675 W. Garden of the Gods Rd. Suite #1053
Colorado Springs, CO 80907
Monday through Friday from 8 AM-5 PM
719-520-7600

Additional Benefits Contacts
EBMS Member Services: 866-887-4115
EBMS Care Link: 866-894-1505
ComPsych (Employee Assistance): 800-272-7255

Premise Health 24/7 Nurse Line: 855-604-1295

About Premise Health

Premise Health is a leading worksite health company dedicated to improving the cost and quality of employee healthcare. With 85 years of experience, Premise Health manages over 500 worksite-based health and wellness centers across the country. The company serves more than 200 of the nation's leading employers, including a significant number of the Fortune 1000. Premise Health is a company of Water Street Healthcare Partners, a strategic investor focused exclusively on the health care industry.

For more information on Premise Health, visit www.premisehealth.com.



El Paso County Employee Health Centers

Operated By  Premise Health.





Health & Wellness Focus

El Paso County Employee Health Center services complement your medical insurance benefits, providing you with comprehensive, affordable, convenient, and excellent health care.

We encourage you to make the Health Center “the hub” of your personal wellness program. Visit the Health Centers to take advantage of our health and wellness services, meet the staff, and make an appointment today!

Health Center Staff

Two Board Certified Family Practice Physicians and one Board Certified Nurse Practitioner provide service at both El Paso County Employee Health Centers.



RN Managers, Medical Assistants, Administrative Assistants, and a Health Risk Disease Management Nurse work closely with our providers at each health center to offer you an enhanced level of service.

Our health care staff is committed to caring for your current/future health care needs, following evidence-based practices and clinical guidelines, assisting you with reaching your personal health goals, coaching you and your family through health care concerns and issues, and referring you to outside specialists as needed.



Health Services

El Paso County Employee Health Centers offer quality, convenient, and affordable medical care, along with a full range of preventive health and wellness services to El Paso County employees, dependents, and retirees who participate in the El Paso County medical plan.

El Paso County Health Center services include:

- Comprehensive Individual/Family Primary Care
- Urgent and Acute Care (e.g., flu, fever, viral infections, nausea, cuts, sprains/strains, headaches, rashes, etc.)
- Preventive Health (e.g., Annual Physicals)
- Disease Management & Health Coaching
- Stress Management Counseling
- Smoking Cessation Counseling
- Wellness Education/Support
- Referrals to Specialists
- Vaccinations, Injections, & Laboratory Services
- Ages seen: 6 months through adult



Visiting the Health Centers

Health Center Hours of Operation

El Paso County Employee Health Centers are open Monday through Friday from 8 AM to 5 PM.



Scheduled Appointments

To schedule an appointment at the Regional Development Health Center (RDC), please call 719-520-7080. To schedule an appointment at the CSC Health Center, please call 719-520-7600.

Same Day Appointments

Illnesses and injuries are often unpredictable. The health centers can accommodate urgent care and acute illness needs. Same day appointments can fill quickly; patients are encouraged to call early to ensure same day appointment availability.

Emergencies

If you are having a life- or limb-threatening medical emergency, please call 911 or go to the nearest emergency room. For after-hours urgent care, please go to a local urgent care center approved by your insurance.